CALL 911 in an emergency. A local alternate emergency number is 360-378-4141

**LOPEZ MEDICAL CENTER**
UW Medical Clinic: 360-468-2245
Lopez Island Physical Therapy: 360-468-4382
Lopez Pharmacy: 360-468-2616
VOA 24-hr mental health Care Crisis Line: 800-584-3578

**REGIONAL HOSPITALS**
Peace Island – Friday Harbor: 360-378-2141
St. Joseph – Bellingham: 360-734-5400
Island Hospital – Anacortes: 360-299-1300
Harborview – Seattle: 206-744-3000
Skagit Valley Hospital – Mt Vernon: 360-424-4111
Virginia Mason – Seattle: 888-862-2737
Children’s Hospital – Seattle: 866-987-2000

**AIR TRANSPORT**
Airlift NW: 800-508-1707
Island Air Ambulance: 360-378-2376
Lopez Airport: 360-468-4116

**TRAVEL**
WSDOT Ferries: 888-808-7977
WA State travel info: 360-705-7000

**POISON CONTROL** (Seattle): 800-222-1222

**SHERIFF & FIRE (non-emergency)**
San Juan County: 360-378-4151
Fire Department: 360-468-2991

**OIL SPILL**
NRC (Response): 800-899-4672
Department of Ecology: 800-645-7911

**ANIMALS & PET EMERGENCIES**
Ark-Veterinary Clinic: 360-468-2477 Jerry Scherzinger
Wolf Hollow (wildlife info): 360-378-5000
Lopez Animal Protection Society: 360-468-2591

**LOCAL RESOURCES**
OPALCO: 360-468-2470 & 360-376-3544
San Juan County Public Works (daytime): 360-370-0500
Lopez Senior Center: 360-468-2421

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**Be Prepared! It's up to each of us to be ready.**

Location of Emergency Food, Water, First Aid supplies, in the home: ___________________________
Refresh date: _______________________________
Location of Neighborhood Gathering place: ________________________________________________
Island Meeting Place/Contact if family is separated: ________________________________________
Name and info for Out Of Area Contact: ____________________________________________________
Location of nearest Fire Station: ___________________________________________________________

**First Actions After Earthquake/Major Disaster:**
1. Take care of your family, ensure they are safe and well.
2. Dress for the elements, rain or cold if needed, and clothing for protection.
3. Turn off your propane at the tank if you smell gas.
4. Shut off the water main at your house.
5. Post the HELP/OK sign showing your status on your mailbox/front door.
6. Put your fire extinguisher by front door for ready access.
7. Go to your Neighborhood Gathering place - share info with neighbors.
8. Form Teams at Gathering Site:
   - Assessment: Identify obvious damage to water tanks, roads, downed trees, culverts etc.
   - Utilities: Turn off utilities such as water systems, other propane tanks.
   - Care Team: Check on neighbors with HELP, or no sign showing, elderly or others. Designate Aid station location, provide First Aid.
9. Report Back - teams return to Gathering Place, share information and determine additional needs and actions. Send someone to nearest fire station to report your findings.

Notes: Use this space for names of neighbors to check on, ham radio operator location, critical infrastructure in neighborhood, escape routes, anything you feel may be useful.

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